

Anti-racism – Extra information and resources

Definitions

- **Privilege:** a special right, advantage, or immunity granted or available only to a particular person or group.
- **Intersectionality:** the interconnected nature of social categorizations such as race, class, and gender as they apply to a given individual or group, regarded as creating overlapping and interdependent systems of discrimination or disadvantage.
- **Prejudice:** preconceived opinion that is not based on reason or actual experience.

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Books

Why I’m No Longer Talking to White People About Race by Reni Eddo-Lodge: Eddo-Lodge (an award-winning journalist) offers a valuable insight into racism in Britain today.

Me and White Supremacy by Layla F. Saad: This book is split into a 28-day programme, encouraging the reader to take just a few minutes a day to read about and reflect on race issues. Saad breaks down white privilege, white fragility and white supremacy and explains how they can all manifest in daily life.

Natives by Akala: A history of racism in Great Britain, that also explains how different races came to be in the UK in the first place. Akala, a BAFTA and MOBO award-winner, gives a comprehensive overview of why things are the way they are in the UK, including personal experiences, such as the day he realised his mother is white.

Between The World And Me by Ta-Nehisi Coates: A 2015 nonfiction book written as a letter to the author's teenage son about the feelings, symbolism, and realities associated with being Black in the United States.

Black and British by David Olusoga: The definitive history of Britain's troubled history with the people of Africa and the Caribbean, Olusoga's account begins in the Roman era and takes in Elizabethan 'blackamoors' and the horrors of the slave trade as well as the author's own childhood memories of racism and prejudice.

They Can't Kill Us All by Wesley Lowery: A deeply reported book that brings alive the quest for justice in the deaths of Michael Brown, Tamir Rice, and Freddie Gray, offering both unparalleled insight into the reality of police violence in America and an intimate, moving portrait of those working to end it.

Girl, Woman, Other by Bernardine Evaristo: Tracking the lives and loves of a dozen British women through generations and social classes, Girl, Woman, Other weaves a distinctive, illuminating tapestry of modern British life.

Queenie Candice by Carty-Williams: Queenie is a new adult novel about the life and loves of Queenie Jenkins, a vibrant, troubled 25-year-old British-Jamaican woman who is not having a very good year.

I Know Why The Caged Bird Sings by Maya Angelou: I Know Why the Caged Bird Sings is a 1969 autobiography describing the early years of American writer and poet Maya Angelou. The first in a seven-volume series, it is a coming-of-age story that illustrates how strength of character and a love of literature can help overcome racism and trauma.

The Color Purple by Alice Walker: A powerful cultural touchstone of modern American literature, The Color Purple depicts the lives of African American women in early twentieth-century rural Georgia. Separated as girls, sisters Celie and Nettie sustain their loyalty to and hope in each other across time, distance and silence. Through a series of letters spanning twenty years, first from Celie to God, then the sisters to each other despite the unknown, the novel draws readers into its rich and memorable portrayals of Celie, Nettie, Shug Avery and Sofia and their experience.

A Thousand Splendid Suns by Khaled Hosseini: Mariam is only fifteen when she is sent to Kabul to marry Rasheed. Nearly two decades later, a friendship grows between Mariam and a local teenager, Laila, as strong as the ties between mother and daughter. When the Taliban take over, life becomes a desperate struggle against starvation, brutality and fear.

The Right Sort of Girl by Anita Rani: Filled with tenacity and humour, Anita Rani's heart-warming memoir charts her journey from growing up in a Punjabi family in 80s Yorkshire to the present day and reflects on what it means to find your identity in between two cultures.

The Beekeeper of Aleppo by Christy Lefteri: Moving, powerful, compassionate and beautifully written, The Beekeeper of Aleppo is a testament to the triumph of the human spirit. Told with deceptive simplicity, it is the kind of book that reminds us of the power of storytelling.

The Kite Runner by Khaled Hosseini: The unforgettable, heartbreaking story of the unlikely friendship between a wealthy boy and the son of his father's servant, The Kite Runner is a beautifully crafted novel set in a country that is in the process of being destroyed. It is about the power of reading, the price of betrayal, and the possibility of redemption; and an exploration of the power of fathers over sons—their love, their sacrifices, their lies.

Podcasts

About Race with Reni Eddo-Lodge: From the author behind the bestselling *Why I'm No Longer Talking to White People About Race* (renieddolodge.co.uk/books/) comes a podcast that takes the conversation a step further.

Don't Call Me Resilient with Vinita Srivastava: Takes listeners deep into conversations with scholars and activists who view the world through an anti-racist lens. Instead of calling those who have survived the pain of systemic racism "resilient", this podcast goes in search of solutions for those things no one should have to be resilient for.

ANTHEMS Black: A collection of 31 original manifestos, speeches, stories, poems, and rallying cries written and read by vibrant, unique, and exceptional UK Black voices. Prominent UK voices such as Afua Hirsch, Munya Chawawa, Charlie Brinkhurst Cuff and Jade Anouka explore Blackness through each short episode.

The Survival Guide: A podcast all about surviving the daily ups and downs that come with navigating motherhood as a Black woman in the 21st century. Digital media company Black Ballad's head of editorial, Jendella Benson, talks to different Black women including Kelechi Okafor, Liz Pemberton (aka The Black Nursery Manager) and Tobi Asare (founder of MyBumpPay) about fertility, dating, money and everything in between.

Black Gals Livin': Jas and Victoria have hosted Black Gals Livin' since 2018, chatting about mental health, pop culture and "random shenanigans". Through funny but frank conversations, they particularly focus on issues affecting or involving the black community.

Come Through with Rebecca Carroll: Writer Rebecca Carroll (*Sugar in the Raw: Voices of Young Black Girls in America*, *Saving the Race: Conversations on Du Bois*) wants us to acknowledge that race is at the centre of every issue in America. The series features 15 essential conversations about race in a pivotal year for America, where Carroll speaks to experts and fellow journalists.

1619: Four hundred years ago, in August 1619, a ship carrying more than 20 enslaved Africans arrived in the English colony of Virginia. No aspect of the country that would be formed in America has been untouched by the 250 years of slavery that followed. 1619 is a New York Times audio series hosted by Nikole Hannah-Jones, examines the long shadow of that fateful moment.

The Receipts: Since its launch in 2016, Tolani Shoneye (Tolly), Milena Sanchez and Audrey Indome have hosted The Receipts, where no topic is off limits. The podcast's unfiltered discussions and advice on sex and relationships is exactly what gives it such a refreshingly unique selling point. From dating to race and everyday millennial situations, this is the unadulterated "sisterhood" talk that we need.

Slay in Your Lane: The authors of the groundbreaking Slay in Your Lane: The Black Girl Bible – Yomi Adegoke and Elizabeth Uviebinené – follow-up their widely acclaimed guide with a new fortnightly, topical podcast that addresses current news while continuing to drive the conversation around the experiences of black British women.

TV and Film

13th: Filmmaker Ava DuVernay explores racial inequality in the US, with a focus on prisons.

When They See Us: Ava DuVernay's gut-wrenching -- and essential -- miniseries is based on the true story of the falsely accused young teens known as the Central Park Five.

Who Killed Malcolm X? Activist Abdur-Rahman Muhammad begins his own investigation into the perplexing details surrounding the assassination of civil rights leader Malcolm X. Includes insights into the historical background of racism in the US.

Fruitvale Station (2013), directed by Ryan Coogler: This biographical drama stars Michael Jordan and tells the story of the 2009 death of Oscar Grant who was shot by a police officer called Johannes Mehserle in Oakland, California. This film won the Grand Jury Prize and the Audience Award for US dramatic film at the Sundance Film Festival in 2013.

Jane Elliott's "Blue Eyes/Brown Eyes" Anti-Racism Exercise | The Oprah Winfrey Show (available on YouTube): In this 1992 Oprah Show episode, award-winning anti-racism activist and educator Jane Elliott taught the audience a tough lesson about racism by demonstrating just how easy it is to learn prejudice. Watch as the audience, totally unaware that an exercise is underway, gets separated into two groups based on the color of their eyes. The blue-eyes group was discriminated against while the people with brown eyes were treated with respect.

Moonlight (2016), directed by Barry Jenkins: A young African-American man grapples with his identity and sexuality while experiencing the everyday struggles of childhood, adolescence, and burgeoning adulthood.

Dear white people: Across three volumes and 30 episodes, this fictional comedy-drama series follows students of color as they navigate life at an Ivy League school that deems itself “post-racial” but is really anything but. Expect some great laughs, as well as insight into what’s wrong with race relations in America today.

The Hate U Give (2018), directed by George Tillman Jr: Based on a novel by Angie Thomas, *The Hate U Give* tells the story of Starr Carter, a 16-year-old girl whose best friend, Khalil, gets shot by a police officer after he pulls them both over. When his death becomes national news, Carter finds herself at the center of protests, riots and a controversial court case.

Just Mercy (2019), directed by Destin Daniel Cretton: *Just Mercy* is based on the true story of Bryan Stevenson, a civil rights attorney, and Walter McMillan, his client who was wrongfully convicted of the murder of a white woman. The movie depicts Stevenson’s fight to clear McMillan’s name despite the racism and legal and political hurdles the two face along the way.

Selma (2014), directed by Ava DuVernay: *Selma* depicts the Selma to Montgomery voting rights marches that took place in 1965. Critics applaud David Oyelowo’s portrayal of Martin Luther King Jr., as well as the film’s illuminating portrait of the important moment in Civil Rights history.

Blackkkkiansman (2018), directed by Spike Lee: This movie is based on a 2014 memoir by Ron Stallworth, the first African American police officer and detective in the Colorado Springs Police Department. Set in the 1970s, Stallworth is tasked with infiltrating and exposing the city’s Ku Klux Klan chapter. According to critic Oliver Jones from *Observer*, it’s “a kitchen sink and kaleidoscopic study of cultural and institutional racism in America,” and considering it earned six Oscar nominations and four Golden Globe nominations in 2018, we’d say it resonates with viewers.

Black-ish: This ABC sitcom follows the life of the Johnsons, an upper middle class African American family, as they navigate living in a predominantly white suburban neighborhood. It maintains levity, but also covers important topics like racial slurs, police brutality and the 2016 presidential election.